

# Feile Nollaig Feis Entry Form

Name: \_\_\_\_\_

Year of Birth: \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_

Dance School: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province/State: \_\_\_\_\_

Postal/ZipCode: \_\_\_\_\_ Country: \_\_\_\_\_

Phone# \_\_\_\_\_

EmailAddress: \_\_\_\_\_

	Competition #s	Amount \$ /	X #	Total =
Figures		\$7.50		
Solos		\$7.50		
Preliminary Championship		\$27.00		
Open Championship		\$34.00		
Soda Bread		\$7.50		
Sub Total Or Family Max @ \$90.00	Family Max <u>DOES NOT</u> include Trophy Special or Family Entry Fee			\$
Trophy Special		\$11.00		
Family Entry Fee	Must be included with Entry. Results will be emailed, please provide email address			\$18.00
Grand Total	Subtotal or Family Max + Trophy Special + Family Door Fee			\$
Please circle	Soft Shoe	Hard Shoe	Set/Speed	
Preliminary Championship	R SJ	TJ HP		
Open Championship	R SJ	TJ HP		
Prizewinner				

# Feile Nollaig Feis Committee In Association with the Sue Fay Healy School Of Traditional Irish Dance Proudly Present

## 11<sup>th</sup> Annual Feile Nollaig Feis



**Saturday Dec 12/2009**

**Mother Teresa High School  
440 Longfields Drive  
Nepean, ON  
Doors Open at 7:45 AM  
Feis Begins at 9:00 AM**

**Entries Open to 500 Paid Competitors**

**Entry Deadline: Dec 4/09**  
**(NO ENTRIES OR CHANGES AFTER DEC 4)**

**No refunds for any reason**

**\*Day Entries accepted  
with \$18 LATE FEE/DANCER  
(UNLESS CAP HAS BEEN MET)\***

**Francis Healy, Feis President  
Sue Fay Healy, Feis Coordinator  
Jennifer Healy, Feis Coordinator  
Christine Malik, Feis Registrar**

**2009 NAFC Irish Dance Championships**  
The North American Senior Irish Dance Championship for the NAFC Senior Belt 17 & over (Gerry Campbell Perpetual Belt)  
Etobicoke Feis, Etobicoke, ON June 13/09

The North American Junior Irish Dance Championship for the NAFC Junior Cup under 17 (Robert Gabor Perpetual Trophy)  
St.Catharines Feis, St Catharines, Ontario Canada, August 1, 2009

Alternate Samhain Feis, Vancouver, Washington, USA, October 24, 2009

The North American Minor Irish Dance Championship  
Minor Trophy under 13 (George Sweetnam Trophy)  
New Haven Feis, New Haven Connecticut June 28/09

Member of the North American Feis Commission  
President: Harry Costelloe  
Member of An Coimisiún, Dublin, Ireland

## Entry Fees

Figure Dances	\$7.50
Solo Competitions	\$7.50
Trophy Special Competitions	\$11.00
Preliminary Championship	\$27.00 Sashes for 1 <sup>st</sup> , 2 <sup>nd</sup> 3 <sup>rd</sup>
Open Championship	\$34.00 Sashes for 1 <sup>st</sup> , 2 <sup>nd</sup> 3 <sup>rd</sup>
Soda Bread Competitions	\$7.50
Family Maximum	\$90.00 *does not include Trophy Special competitions/Family Entry Fee
Door Entry Fee Included with entry	\$18.00 ** must be included with entry or entry will be refused** Results (emailed) are included with entry fee **Please make sure email address is entered**

Please Note: there are **NO REFUNDS** whatsoever  
**Mail completed Entries to:**

Feile Nollaig Feis  
26 Weslock Way Kanata, Ont. Canada K2K 2K3  
(613) 270-0948 (Please call 5pm - 11pm)  
Email: [feilenollaig@yahoo.com](mailto:feilenollaig@yahoo.com)

**\*\*Cheques are payable to Feile Nollaig\*\***

**Online Entries at [www.efeis.com](http://www.efeis.com)**

The syllabus is also available at the following website:

[www.suefayhealy.com](http://www.suefayhealy.com)

\*Hotel of Choice: Hilton Garden Inn

2400 Alert Rd Ottawa, ON. 1-866-235-1060  
[www.ottawaairport.hgi.com](http://www.ottawaairport.hgi.com)

**Please read the following:** Please note email and phone entries will not be accepted. Entries will be considered accepted only if all areas of the form are CLEARLY filled out and the entry is paid in full. All entries for Family Maximum must be received in the same envelope. All entries must be printed clearly, one official form per dancer (photocopies of original form accepted). All entries **must include \$18 family door fee** or registration will not be considered. \*\* We cannot make any exceptions to the \$18 Family Gate Fee, even for dancers that are coming alone or traveling with another family. We apologize for any inconvenience this may cause\*\* **ENTRY DEADLINE Dec 4/09**. Absolutely no entries/changes will be accepted after Dec 4/09. Any entry postmarked after this date will be returned. Day Entries will be accepted with \$18 LATE FEE PER DANCER, unless we meet our cap, cap is 500 entries. Prelim/Champ please make sure choices are circled on form no changes allowed rotation is preassigned. **US money at par. No Outside Food, No electronic/digital photography is permitted while dancer is performing.**

**Directions: From HWY 401 take to 416 North to Bankfield Rd exit, turn right at end of ramp. Left on to Prince Of Wales (1<sup>st</sup> stop lights), continue on road, turn left on to Woodroffe Ave. Turn Left at Longfields Drive. The school is on the left hand side.**  
**From 417:** Take 416 South to Fallowfield Rd Exit #66 Turn Left onto Hunt Club; turn slight right onto Woodroffe Ave. Turn Right onto Longfields Drive  
**Directions to Hotel from 401:** take 416 North to Bankfield Rd exit, Turn Right at end of ramp, left onto Prince Of Wales (1<sup>st</sup> stop lights), continue through, and turn right onto Hunt Club Rd, Hotel is directly behind Tim Horton's and Keg Steakhouse.  
**Directions from 417:** take 416 South, get off at Hunt Club turn left, stay straight, Hotel will be on your Right Hand side.  
**Directions to Feis from Hotel:** Turn Right On Alert Road, Turn Left onto Hunt Club Rd. Left onto Woodroffe Ave. keep going straight turn right onto Longfields Drive, the school is on the left hand side.

## FIGURE DANCING

Open to all grades. "4&6 Hands must be from Ar Rinci Foirme".  
2 Hand/3 Hand Length: 8 bar intro, plus 48 bars. \$7.50/competition

2 Hand	U9	F9-2
	U12	F12-2
	U15	F15-2
	15 & Over	F99-2
3 Hand	U9	F9-3
	U12	F12-3
	U15	F15-3
	15 & Over	F99-3
4 Hand	U9	F9-4
	U12	F12-4
	U15	F15-4
	15 & Over	F99-4
6 Hand	U9	F9-6
	U12	F12-6
	U15	F15-6
	15 & Over	F99-6

## Beginner Solo Competitions \$7.50/Comp \$11.00/Trophy Special Reel

AGE	Trophy Special Reel	Light Jig	Slip Jig	Single Jig
U5	B5R	B5L	B5S	B5X
U6	B6R	B6L	B6S	B6X
U7	B7R	B7L	B7S	B7X
U8	B8R	B8L	B8S	B8X
U9	B9R	B9L	B9S	B9X
U10	B10R	B10L	B10S	B10X
U11	B11R	B11L	B11S	B11X
U12	B12R	B12L	B12S	B12X
12 & Over	B99R	B99L	B99S	B99X

## Advanced Beginner Solo Soft Shoe \$7.50/Comp \$11/Trophy Special Light Jig

AGE	Reel	Trophy Special Light Jig	Slip Jig	Single Jig
U6	A6R	A6L	A6S	A6X
U7	A7R	A7L	A7S	A7X
U8	A8R	A8L	A8S	A8X
U9	A9R	A9L	A9S	A9X
U10	A10R	A10L	A10S	A10X
U11	A11R	A11L	A11S	A11X
U12	A12R	A12L	A12S	A12X
12 & Over	A99R	A99L	A99S	A99X

## Advanced Beginner Hard Shoe \$7.50/ Comp \$11.00/ Trophy Special St.Patrick's Day

AGE	Treble Jig	Hornpipe	Trophy Special St.Patrick's Day
U6	A6T	A6H	A6P
U7	A7T	A7H	A7P
U8	A8T	A8H	A8P
U9	A9T	A9H	A9P
U10	A10T	A10H	A10P
U11	A11T	A11H	A11P
U12	A12T	A12H	A12P
12 & Over	A99T	A99H	A99P

## Novice Solo Soft Shoe \$7.50/Competition

AGE	REEL	LIGHT JIG	SLIP JIG	Single Jig
U7	N7R	N7L	N7S	N7X
U8	N8R	N8L	N8S	N8X
U9	N9R	N9L	N9S	N9X
U10	N10R	N10L	N10S	N10X
U11	N11R	N11L	N11S	N11X
U12	N12R	N12L	N12S	N12X
U13	N13R	N13L	N13S	N13X
U14	N14R	N14L	N14S	N14X
U15	N15R	N15L	N15S	N15X
15 & Over	N99R	N99L	N99S	N99X

## Novice Level Hardshoe \$7.50/Comp \$11/Trophy Special

AGE	Trophy Special Treble Jig	Hornpipe	Trophy Special Trad.Set
U7	N7T	N7H	N7D
U8	N8T	N8H	N8D
U9	N9T	N9H	N9D
U10	N10T	N10H	N10D
U11	N11T	N11H	N11D
U12	N12T	N12H	N12D
U13	N13T	N13H	N13D
U14	N14T	N14H	N14D
U15	N15T	N15H	N15D
15 & Over	N99T	N99H	N99D

## Prizewinner Solo \$7.50/Competition

AGE	Reel	Slip Jig	Single Jig
U8	P8R	P8S	P8X
U9	P9R	P9S	P9X
U10	P10R	P10S	P10X
U11	P11R	P11S	P11X
U12	P12R	P12S	P12X
U13	P13R	P13S	P13X
U14	P14R	P14S	P14X
U15	P15R	P15S	P15X
U16	P16R	P16S	P16X
16 & Over	P99R	P99S	P99X

## Prizewinner Hard Shoe \$7.50/Comp \$11/ Trophy Special

AGE	Treble Jig	Trophy Special Hornpipe	Trophy Special Traditional Set
U8	P8T	P8H	P8D
U9	P9T	P9H	P9D
U10	P10T	P10H	P10D
U11	P11T	P11H	P11D
U12	P12T	P12H	P12D
U13	P13T	P13H	P13D
U14	P14T	P14H	P14D
U15	P15T	P15H	P15D
U16	P16T	P16H	P16D
16 & Over	P99T	P99H	P99D

## Prizewinner Contemporary Set Trophy Special \$11

U10	P10C
U11	P11C
U12	P12C
U14	P14C
U16	P16C
16 & Over	P99C

Please bring CD in case of an emergency. U8 & U9 dancers are not eligible to compete in this category\*\* Please Note\*\* Open Sets at the time of entry dancers must be qualified for the Prizewinner Grade in at least 3 of the following dances in Prizewinner Grade: Reel, Slip Jig, Treble Jig, Hornpipe

## Non Championship Trophy Special Treble Reel \$11

U12	P12TR	Jack Maher Perpetual Trophy
U15	P15TR	Snowflake Perpetual Trophy
15 & OVER	P99TR	Christmas in the Capital Perpetual Trophy

## CHAMPIONSHIPS

Please make sure choices are indicated on entry form.  
No changes allowed. Rotation will be preassigned.

## Preliminary Championships

Choose Reel/ Slip Jig and Treble Jig/Hornpipe see ECR Rules 4, 5, and 6"  
\$27.00/Competitor

U8	PC8
U10	PC10
U11	PC11
U12	PC12
U14	PC14
U16	PC16
16 & Over	PC99

## Preliminary Championship Set Dances

Trophy Special (one Adjudicator) \$11

U9	PC9S
U10	PC10S
U11	PC11S
U12	PC12S
U14	PC14S
U16	PC16S
16 & Over	PC99S

Please bring a CD in case of emergency. All U8 & U9 Preliminary Championship Competitors must dance a Traditional Set Dance From: St.Patrick's Day, Blackbird, Garden of Daisies, King of the Fairies, Job of Journeywork, and Jockey to the Fair

## Open Championships

Soft & Hard Shoe & Set Choose Reel/ Slip Jig and Treble Jig / Hornpipe & Set  
See ECR Rule 7 \$34.00/Competitor

U11	C11
U12	C12
U14	C14
U16	C16
U18	C18
18 & Over	C99

## Preliminary/Open Championship

Treble Reel Trophy Special \$11

U12	C12TR
U15	C15TR
15 & OVER	C99TR

## Non Dancing Competitions

### Irish Soda Bread Competition

Bread must be submitted on art table no later than 11 am on day of feis.  
Will be judged on basis of appearance, texture and taste.

Donation of baked goods expected. \$7.50/ Entry

White Soda Bread	BAK
Brown Soda Bread	BAK (2)

# DANCING COMPETITION RULES

Adopted By The North American Feis Commission, 2009

## EFFECTIVE JANUARY 1, 2009

In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.

1. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
2. A competitor may be disqualified for any of the following reasons:
3. a) Conduct unbecoming a lady or gentleman.  
b) Failure to report on time to compete. (Penalty: disqualification from said event)  
c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc. Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:  
a) Must compete in their own age group.  
b) Must be prepared to perform two steps in each event.  
c) Cannot change competition on the day of the Feis.
6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \_\_\_\_ (Determined by the Feis).
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.  
a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.  
b) Dancers must compete in the preliminary championship competition in order to qualify for open championship.

- c) The regional syllabus where the Feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
15. Preliminary Championships are open to those who, at any NAFC recognized Feis:  
a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and  
b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.  
c) The regional syllabus where the Feis is being held may have different qualifications for entry.
16. Championships and Preliminary Championships require at least three adjudicators.
17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
18. The status of the dancer does not change unless there are five or more dancers in a competition.
19. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
20. **Beginner Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
21. **Advanced Beginner Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice. Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.
25. In matters pertaining to adjudication, the decision of the adjudicators is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
30. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
31. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries. One third are to be from outside the region where the Feis is being held.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

## Eastern Canadian Rules ECR Rules

1. Competitions with five (5) or fewer solo or team entries (a full team being a single entry) must be combined with the next highest age group.
2. Competitions with 30 or more competitors/teams must be split by year of birth. Competitions with fewer than 30 competitors/teams must not be split.
3. Boys and girls must be combined in all grades.
4. Preliminary Championship: In addition to NAFC rule 15, a Preliminary Championship dancer is one who has achieved 1st place in four dances (Reel, Slip Jig, Treble Jig and Hornpipe) in the Prizewinner Grade.
5. Preliminary Championship dancers in Under 8 and Under 9 must dance a traditional set dance from the An Coimisiun le Rinci Gaelacha approved list.
6. Preliminary Championship traditional sets will be danced three at a time, where stage size permits; otherwise, they will be danced two at a time.
7. Open Championship traditional sets will be danced one at a time.
8. When a Prizewinner set dance competition is offered, at the time of entry, dancers must be qualified for the Prizewinner grade in at least three of the following: reel, slip jig, treble jig, hornpipe – and be registered to compete in those dances at the feis.
9. All dancers (solo and teams), must be in full costume and correct shoes for award presentations.